



## 2005 USAPL Florida State Bench Press & Deadlift Championships

Nova Southeastern University - Ft. Lauderdale, Florida

Saturday, April 30, 2005



NR	WT	BDW.	NAME	AGE	DIVISION	Club	SQUAT			BENCHPRESS				DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4. DL
							1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.						
1			<b>Men's Combined</b>																			
2	60.00	58.6	Jon Szparaga	12	Open	Power Barn				65.0	72.5	75.0	75.0	92.5	97.5	105.0	180.0	156.9	1.0			
3	60.00	58.6	Jon Szparaga	12	Teen (14-15)	Power Barn				65.0	72.5	75.0	75.0	92.5	97.5	105.0	180.0	156.9	1.0			
4	82.50	80.0	Pat Currey	62	Open	World Gym				130.0	145.0	-152.5	145.0	175.0	182.5	192.5	337.5	230.4	1.0			
5	82.50	80.0	Pat Currey	62	Master (60-69)	World Gym				130.0	145.0	-152.5	145.0	175.0	182.5	192.5	337.5	230.4	1.0			
6	82.50	75.8	Bill Tinkler	70	Master 70+	Independent				92.5	102.5	-107.5	102.5	115.0	125.0	137.5	240.0	169.6	1.0			
7	90.00	88.0	Alan Lavigne	37	Open	Independent				80.0	-92.5	-92.5	80.0	125.0	145.0	160.0	240.0	155.0	1.0			
8	100.00	93.2	David Grossman	55	Open	Independent				115.0	-120.0	-120.0	115.0	140.0	152.5	160.0	275.0	172.6	1.0			
9	100.00	98.2	Jackie Calloway		Open	World Gym				160.0	175.0	-190.0	175.0	182.5	200.0	215.0	390.0	239.0	1.0			
10	100.00	98.2	Jackie Calloway	42	Master (40-49)	World Gym				160.0	175.0	-190.0	175.0	182.5	200.0	215.0	390.0	239.0	1.0			
11	100.00	93.2	Dave Grossman	55	Master (50-59)	Independent				115.0	-120.0	-120.0	115.0	140.0	152.5	160.0	275.0	172.6	1.0			
12	110.00	108.6	Paul Buri	23	Open	Independent				-175.0	-175.0	-175.0		287.5	-302.5	302.5	302.5	178.7	1.0			317.5
13	110.00	107.8	Rich Hayne	22	Collegiate	FGCU				152.5	157.5	162.5	162.5	167.5	182.5	-190.0	345.0	204.3	1.0			
14			<b>Master Nationals P/L Qualifier</b>																			
15	125.00	113.4	Rick Chavez	48	Master (40-49)	Independent	25.0	Pass	Pass	25.0	Pass	Pass	50.0	65.0	Pass	Pass	115.0	67.1	1.0			
16																						
17			<b>Men's Single-lift Bench Press</b>																			
18	60.00	58.6	Jon Szparaga	12	Open	Power Barn				65.0	72.5	75.0	75.0				75.0	65.4	1.0			
19	60.00	58.6	Jon Szparaga	12	Teen (14-15)	Power Barn				65.0	72.5	75.0	75.0				75.0	65.4	1.0			
20	75.00	70.8	Patrick Gallagher	19	Collegiate	FGCU				125.0	132.5	145.0	145.0				145.0	107.7	1.0			
21	75.00	75.8	Bill Tinkler	70	Master 70+	Independent				92.5	102.5	-107.5	102.5				102.5	72.5	1.0			
22	82.50	76.6	John Hodapp	16	Teen (16-17)	Power Barn				72.5	-80.0	85.0	85.0				85.0	59.7	1.0			
23	82.50	80.0	Pat Currey	62	Master (60-69)	World Gym				130.0	140.0	-152.5	140.0				140.0	95.5	1.0			
24	90.00	88.0	Alan Lavigne	37	Open	Independent				80.0	-92.5	92.5	92.5				92.5	59.7	1.0			
25	100.00	98.2	Jackie Calloway	42	Open	World Gym				160.0	175.0	-190.0	175.0				175.0	107.3	1.0			
26	100.00	98.2	Jackie Calloway	42	Master (40-49)	World Gym				160.0	175.0	-190.0	175.0				175.0	107.3	1.0			
27	100.00	94.6	Allen Decker	44	Master (40-49)	Independent				132.5	-150.0	150.0	150.0				150.0	93.5	2.0			
28	100.00	93.2	David Grossman	55	Master (50-59)	Independent				115.0	-120.0	120.0	120.0				120.0	75.3	1.0			
29	100.00		George Walker	58	Master (50-59)	Independent																
30	110.00	108.2	Jim Dundon	40	Open	FGCU				180.0	187.5	197.5	197.5				197.5	116.8	1.0			
31	110.00	108.2	Jim Dundon	40	Master (40-49)	FGCU				180.0	187.5	197.5	197.5				197.5	116.8	1.0			
32	110.00	106.4	Charles Steele	53	Master (50-59)	Independent				157.5	167.5	-177.5	167.5				167.5	99.6	1.0			
33																						
34			<b>Men's Single-lift Deadlift</b>																			
35	100.00	93.2	David Grossman	55	Master (50-59)	Independent								140.0	152.5	160.0	160.0	100.4	1.0			
36	110.00	110.6	Nathan Young	25	Open	FIU								310.0	-332.5	-332.5	310.0	182.1	1.0			

HEADREFEREE  
NAME:

LEFT-REFEREE  
NAME:

RIGHT-REFEREE  
NAME: